

The Fertility Kick Starter

Deciding to undergo an IVF treatment is an extremely difficult choice and often simple natural approaches can help restore your natural fertile health. Spend three hours with me in a 1-2-1 where we start to assess and heal your fertility. You leave feeling emotionally strong, with confidence of what to do next for your fertility. If in person, the session includes highly specialized reflexology treatments but if doing it online you get taught new techniques to use at home.

This Kick Starter is designed to kick start your plan to improving your natural fertile health. It opens your eyes to possible barriers that may be affecting you. It is the ultimate tool to get you feeling in control of such an emotional and challenging time. The session is fully personal to your needs, so you come to the session with the aim of resolving your key three issues. It's an empowering day that heals the endless stress on fertility and makes you feel yourself again.



“My session with Katharine was so interesting with excellent information and practical ideas. She is so thoughtful and supportive. Following several miscarriages and secondary infertility I needed a fresh perspective. Katharine really made me look at things from another angle and think on a much deeper level, giving me the support and confidence I needed to help me on my fertility journey.

~ Judith soon fell pregnant and now has a baby boy.

How does the Fertility Kick Starter help me?

- A 3hr coaching session to start your new direction
- Uncover your barriers to conception
- Brings strength and closeness with your partner
- Make choices and decisions from an empowered, calm place

- Cleanse your negative thought patterns and feel light and in control
- Bring balance to your emotional health
- Find happiness and feel sensual and feminine again
- Give you refreshing confidence about your future
- Emerge strong and ready to deal with challenges

Why does this work so well?

- Over 15+ years of treating infertility
- Training, research and collaboration with respected integrated medics & holistic experts in their field
- Designed sessions that are easy to follow, sensitive but effective

As a special BONUS for signing up

- A powerfully relaxing, fertility meditation

All terms and conditions are on the Mama Be website. Any statements outlined on our website(s), courses, products, services, content and offerings are simply our opinion and are not guarantees or promises of actual performance. We offer no medical or psychological advice. You should always consult your doctor for fertility issues.

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