

Emotional Turnaround 4 Week Masterclass

For couples experiencing the emotional trauma that accompanies fertility issues, life can feel a real mess. You are not alone as it can turn our world upside down in every way. This Masterclass turns things back around so you can get 'back to yourselves'. The expertise shared each week, will see you positively move forward on your journey to successfully conceiving, in which ever way that may be.

Currently life is a struggle; a mix of feelings of guilt, anger, regularly crying during your normal day, feelings of loneliness, mild anxiety and depression. You feel there is no escape. Your relationship is suffering and you feel you can't talk to anyone; nobody really



understands what you are going through.

"Life changing!"

" I felt lost and desperately sad. Within weeks of her Emotional Coaching, I feel feminine, fertile and my relationship is now so strong"

What is the Masterclass? A series of teleseminar coaching sessions to:

- Relieve your stress
- Bring strength and closeness with your partner
- Make choices and decisions from an empowered, calm place
- Cleanse your negative thought patterns so you feel light and in control of life
- Bring balance to your emotional health
- Restore happiness and feel sensual and feminine again

- Give you refreshing confidence about your future
- Emerge strong and ready to deal with challenges

What steps do I need to take?

Step 1: Make a commitment to transform your emotional health

Step 2: Take part fully in the online sessions

Step 3: Embrace the change and allow positivity into your life

Step 4: Move forward with your 1-2-1 session to focus on your personal onward journey

Why does this Turnaround work so well?

- Over 15+ years of emotional coaching experience
- Highly effective tools and skills shared with clients
- Training and collaboration with some of the best integrated and holistic experts in their field
- Delivers expertise and wisdom to help you feel yourself again
- 4 easy to follow, sensitive sessions, delivered by the clients' preferred choice of teleseminar

Your commitment:

- £147 investment
- 1 x 90 minutes teleseminar every week for 4 weeks (with Q&A)
- Trust, belief and honesty

As a special BONUS for signing up:

- A powerfully relaxing, fertility meditation (Value £12)
- 1-2-1 intensive session with Katharine (Value £95)

All terms and conditions are on the Mama Be website

Disclaimer: Any statements outlined on our website(s), courses, products, services, content and offerings are simply our opinion and are not guarantees or promises of actual performance. We offer no medical or psychological advice. You should always consult your doctor for fertility issues.

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